

Laughing Gas (Nitrous) Pre-Op Instructions

- Make sure you eat a light meal. Light meals typically consist of toast, oatmeal, yogurt, etc.
- For your comfort you may bring earphones, electronic device, child's favorite toy, etc. We do have blankets and TV available for you.
- There is no reason to stop any medications due to the nitrous. Certain procedures may require medication changes, we will specifically let you know that is the case.
- You can drive normally after.